

# BIO-DATA

**Dr. VIKRANT R. WANKHADE**

Director, Department of Physical Education & Sports,

Bharatiya Mahavidyalaya, Amravati.

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## PERSONAL DETAILS

1. Name In Full :- **Dr. VIKRANT RAMCHANDRA WANKHADE**
2. Father's Name :- **SHRI RAMCHANDRA KANTHIRAMJI WANKHADE**
3. Mother's :- **SMT. VIMAL RAMCHANDRA WANKHADE**
4. Address For Correspondence :- **101 First Floor, Jayshree Apartment, Ghanshyam Nagar, Near Iccha Hotel, Saturna, Amravati (MS ) 444607.**
- Phone No. :- **(Residence) 0723252432**
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- Fax No. :- **0721-2566801 (college)**
- E-mail :- **[vrwankhade1975@gmail.com](mailto:vrwankhade1975@gmail.com)**
5. Permanent Address :- **101 First Floor, Jayshree Apartment, Ghanshyam Nagar, Near Iccha Hotel, Saturna, Amravati (MS) 444607.**
6. Department :- **Department of Physical Education & Sports  
Bharatiya Mahavidyalaya, Amravati.**
7. Current Designation :- **Director of Physical Education & Sports**
8. Date of Eligibility for Promotion :- **1<sup>st</sup> December 2017**
9. Nationality :- **Indian**
10. Date of Birth (In Figures) :- **15-October -1975**  
(In Words) & Place :- **Fifteenth of October Nineteen Seventy Five : Yavatmal**

11. Sex :- **Male**
12. Marital Status :- **Married**
13. Present Age :- **42**
14. Indicate Whether belongs :- **SC/ST/DT/VJ/NT/SBC/OBC : SC**

**ACADEMIC RECORD/EDUCATION:**

**15. Educational Qualification (From School Educational in Chronological order)**

Sr. No.	Exam Passed	Name of Examination	University/ Board	Division	Attempt	Year of Passing	Percentage of marks obtained	Major Subject offered (specialization if any)	Merit prizes Medals conferred
01	Ph.D.	Ph.D.	S.G.B. Amravati University , Amravati			2014	-----	Physical Education	--
02	M. Phil.	M. Phil.	S.G.B. Amravati University , Amravati	I	I	2008	-----	Physical Education	--
03	P.G.	M. P. Ed.	S.G.B. Amravati University , Amravati	I	I	2005	61%	Physical Education	--

**16. Details of NET/SET**

Sr. No.	NET/SET	Subject	Year of Passing	Test Conducting Agency
01	NET	Physical Education	2005	UGC National Education Testing Bureau
02	SET	Physical Education	2006	University of Pune As the state Agency.

**17. Particulars of experience as a full time teacher in the college:**

Sr. No	Name of the institution	Post-held with pay scale	Requisite qualification at the time of appointment as UGC/state Govt.	Teacher Experience in Year			
				Under Graduate		Post Graduate	
				From	To	From	To
01	Bharatiya Mahavidyalaya, Amravati	Director Of Physical Education	M.P.Ed. NET,SET	01-12-2006	Till Date	----	---

- i) Under Graduate \_----**12** Year ii) Post Graduate \_\_\_\_\_Year  
 Consolidated Experience (taken together) **12Years**

18. Present position : (Designation ) :- **Director of Physical Education**  
(Date of Promotion/01/12/2006 Appointment)

19. **Training Courses, Teaching –Learning –Evaluation Technology Programmes,  
Faculty Development programmes**

Year	Sr. No	Programme	Duration	Organized by
2007-2008	01	59 <sup>th</sup> Orientation Course	20/02/2008 to 18/03/2008	R.M.T.University, Nagpur
2008-2009	02	Refresher Course in Physical Education	25/02/2009 To 17/03/2009	R.M.T.University, Nagpur
2013-2014	03	Refresher Course in Physical Education & Education	11/12/2013 To 31/12/2013	S.G.B. Amt. Uni. Amravati
2016-2017	04	Refresher Course in Physical	25/02/2017 To 17/03/2017	UGC HRDC, L.N.I.P.E. GWALIOR

20. **Papers Presentation in Conference, seminars, Workshops, Symposia:**

Year	Sr. No.	Title of the Paper Presented	Title of Conference, seminars	Organized by	Whether international /National/State/regiona l/college or University level
2004-2005	01	Testing of Basketball Playing Ability	Test & Measurement & Evaluation In Physical Education	S. G. B. Amravati University Amravati	National Conference
2006-2007	02	Role Of Yoga In Sports	Role Of Yoga In Sports	J.D.Patil Sanludkar Mahavidyalaya, Daryapur.	State Level Seminar
2008-2009	03	Present Need Of Physical Education Curriculum In School	Role Of Phy.Edu. In Modern Society & Curriculum Development Of Physical Education	Takshashila M.V. Amravati	State Level Seminar
	04	Importance Of Reaccreditation	Role Of Iqac In The Improvement Of Academic & Administrative Performance In The Institution	Shri Shivaji College Of Education (Phy.Edu.) Amravati	National Seminar
	05	Need Of Health Club & Yoga Centers In 21 <sup>st</sup> Century	Need Of Health Club & Yoga Centers In 21 <sup>st</sup> Century	Mahatma Fule Arts Comm. & S.C.S. M.V. Warud	National Seminar
2009-2010	06	Study Of Influence Of Change In Rule &	A Study Of Improvements In Rules & Regulations	Bharatiya Mahavidyalaya Morshi	National Seminar

		Regulation Of Game On Technique, Tactics & Strategies Of The Game Kabaddi	Of Certain Games		
	07	Physical Education & Sports For Mental Health Among The Students	Contribution Of Physical Education Towards Solution Psycho-Socio Problems Of Students	Dr. B. N. C. P. E. Yavatmal	National Seminar
<b>2010-2011</b>	08	Physical Fitness & Holistic Life	Physical Fitness & Holistic Life	P.N. College. Pusad	National Seminar
	09	Role Of Physical Education & Sports In Personality Development	Contribution Of Physical Education & Sports To Development In Personality	New Arts, Commerce & Science College Wardha	State Level Seminar
	10	Yogshatra Ani Ahar-Vihar-Visranti	Resent Trends Of Yoga In Physical Education & Sports	Shri Shivaji Mahavidyalaya, Akot	State Level Conference
	11	Bhautik Tyag Ka Sarvouttam Sadan-Buddhawad	Relevant Of Buddha And Global Peace Era	Ramkrishna Maha.Darapur Dist.Amt. Venue G.V.I.S.H. Amt.	International Conference
	12	A Comparative Study Of Extrovert And Introvert Of Personality Traits Between B. P. Ed. & B. Ed. Students	Currents Trends In Education And Physical Education	Shri Shivaji Physicality. & Education Amravati	International Conference
<b>2011-2012</b>	13	Frustration of players & Non-players :A Comparative Study	Olympic Games as prevention of Terrorism	Dhanwate National College, Nagpur	National Seminar
	14	Importance of Balance Diet and Exercise in Our Life	Health Fitness of Students	Abasaheb Parvekar Mah. Yavatmal.	World conference
	15	Physical Fitness for Successful and Healthy Life.	The relevance of Gandhian Ideology in the present Era	K.L. Mah. Amravati	National Seminar
	16	Strengthening Women Participation in	Women Empowerment	Ramkrishna Maha.Darapur Dist.Amt.	International Conference

		Sports in India		Venue G.V.I.S.H. Amt.	
	17	Role-Effectiveness of Phy.Edu. & Sports in Relation to Promotion of Human Values	Role of Education, physical Education and Sports to Make india super power 2020	Dr. Babasaheb Nandurkar College of Phy.Edu., Yavatmal.	National Seminar
	18	“ <u>ukjh dks lekurk vkSj Lok;Rrk izklrh djus esa MkW ckcklkgsc vkacsMdj ds dk;Z-</u> ”	The relevance and impact of Dr. Ambedkar thought in the Present age.	Takshshila Mahavidyalaya, Amravati.	International Conference
	19	Contribution of yoga in development of Personality	Aantarvidyashakha Parishad	shiv shakti Mah. Babulgaon Yavatmal	State Level Conference
	20	” Human Rights Concepts and Issues“	“Concepts of Human Rights and Role of National Human Rights Commission”	G.S.Tompe Mah. Chandurbaza	National Conference
	21	“Development of Life Skills Through Physical Education & Sports”	Effect of Stress on Health	P.G.T.D.R.T.M. Nagpur Uni. Nagpur	National Conference
	22	“Stress Management and sports psychology in Physical Education”	“Role of Psychology in Game and Sports”	Arunrao Kalode Maha. Nagpur	National Conference
<b>2012-13</b>	23	Nil			
<b>2013-14</b>	24	Nil			
<b>2014-15</b>	25	“Advance Training and Techniques for Fitness”	“Health and Fitness of Students”	Abasaheb Parvekar Mahavidyalaya, Yavatmal	National
<b>2015-16</b>	26	Nil			
<b>2016-17</b>	27	“Physical Education and Personality Development”	“fo kfFkZ;ksa ds O;fDrRo ,o dks’kY; fodkl esa ØhMk xrfrof/k;ksa dh Hkwfedk”	ØhMk foHkkx ‘kk- x`- Luk-vxz.kh egk-, gks’kaxkckn (e-ç-)	National

## 21. Full Papers in Conferences Proceedings:

Year	Sr. No.	Title with page nos.	Details of Conference Publication	ISSN/ ISBN No.
2012-2013	1	“Obesity And Weight Control” Page No. 50-52	National Conference” on “Obesity Exercise & Weight Management” 08 Sept.2012 Org. Arts, Commerce& Science College Arvi. Dist. Wardha	978-93-82351-05-4
	2	“Prevention of Injury” Page No. 53-56	National Seminar on “ Legal Aspects of Health-Fitness, Sports Injuries and its Management” 18 Sept. 2012 Org. by L. M. M. Arts, Commerce & Ashok Science College Chandur Rly., Dist. Amravati.	978-81-909640-7-4
	3	“Socialization Through Sports” Page No. 167-168	National Seminar on ““Importance of Martial Arts in Today Era”27 Sept.2012 Org. by B.B. Arts , N. B. Commerce & B. P.Science College Digras Dist. Yavatmal.	ISBN No. 978-81-923312-8-7
	4	“Self Confidence in Sports” Page No. 82-84	National Conference on “Sports Psychology” 12-13 Dec.-2012 Org. by R. S. Mundle Dharmpeeth Arts & Commerce college, Nagpur.	978-81-925323-0-1
	5	“Personality Integration of Sportsman Through Yoga And Pranayam” Page No.92-93	National Seminar On “Yoga and pranayam to Develop Games and Sports” 29Jan. 2013 Org. by Bar. Sheshrao Wankhade College Of Arts & Commerce, Khaparkheda Dist. Nagpur..	978-81-926344-2-5
	6	“The Physical Education Profession : Role Of Physical Education Teacher” Page No.159-162	National Seminar on “Physical Education As A Profession” 16Feb.-2013, Org. by Tatyasaheb Mahajan Arts & Science College, Chikhli. Dist. Buldhana	978-93-82795-14-8
2013-2014	7	“The Role Of Media In Sports Promotion” Page No. 124-126	National Conference on “The Role of Physical Education Sports & Media in the Era of Post Globalization Accepting Challenges & Responses for a Healthy India” held at Hislop College Nagpur on 17-18 January 2014.	978-93-82351-31-3
	8	Yoga For Obesity” Page No. 128-130	National Seminar “Recent Trends in Yoga & Physical Education” at New Arts, Commerce & Science College Wardha on 22 January 2014.	978-93-5137-935-5/936-2/937-9
2014-2015	9	“Stress Management for keeping Psychological Fitness” Page No. 75-77	National Conference on “Mental Health & Endurance Among Sports Persons” held at Nagpur Sharirik Shikshan Mahavidyalaya, Nagpur. on 23 August 2014.	978-81-927144-1-7
	10	“Role of Sports in Stress-Related Problems” Page No. 117-121	National Seminar on “Role of Physical Education & Sports In Professional Development” at Shri Binzani City College, Umrer Road, Nagpur (Ms) on 27 September, 2014.	978-93-83139-12-5

	11	“Causes of Stress and Stress Management Strategy” Page No.100-105	National Seminar on “Stress Management and Sports Psychology” at Yashwant Mahavidyalaya, Seloo, on 02 December, 2014.	978-93-82351-48-4
	12	“Carbohydrates Loading in Sports Performance Power and Endurance” Page No.57-62	National Level Conference on “Health, Fitness, Yoga & Community Nutrition:Essence of Life” at Smt. Vastalabai Naik Mahila Mahavidyalaya, Pusad. on 24-25 November, 2014.	978-93-83993-98-7
	13	“Formulation and Development of research problem” Page No.54-56	National Conference on “Modern Trends in Physical Education” at Shankarlala Khandelwal Arts, Science & Commerce College, Akola(Ms) on 15December, 2014.	978-81-929160-7-1
	14	“[ksyksa esa [ksy vkS"kh foKku dh Hkwfedk” Page No.165-170	National Conference on “The Role of Physical Education & Sports in Rural Life” at Mahatma Gandhi Arts, Science & Commerce College, Armori Dist. Gadchiroli(Ms) on 20 December, 2014.	ISBN No. 978-93-82351-50-4
<b>2015-2016</b>	15	Participation of Women in Sports and Physical Education: Issues and Challenges “Page No. 174-179	Two Day International Conference on The “Metamorphosis of women Through Education” held at Takshshila Mahavidyalaya,Amravati. On 08 & 09 January 2016.	978-93-84021-40-5
<b>2016-2017</b>	16	“Comparison of Physical Fitness status between rural and Urban School Boys of Amravati District” Page No. 46	Inter-Disciplinary National Proceeding on “Importance of Physical Fitness and Nutrition” on 24 October-2016	2278-9308
	17	“Suicide Prevention : Policy and Procedures”, Page No.364-367	National Seminar “The Role of Physical Education in Development Healthy Mind Among Students to Deal with Suicidal Ideation” One Day Interdisciplinary National Seminar at Shri Lemdeo Patil Mahavidyalaya, Mandhal Tah. Kuhi, Dist. Nagpur. Dated 01 October 2016	No. 978-93-5254-644-2
	18	“Use of ICT in Olympic” PageNo.131-135	“Olympic: A Perspective” Shivshakti Arts and Commerce College, at Babhulgaon, Dist Yavatmal, Dated on 29 <sup>th</sup> August 2016	2278-4284
	19	“Physical Activity And Health” PageNo.522-527	“Health, Physical Activity and Chronic Diseases” at Smt. Nankibai Wadhvani Kala Mahavidyalaya, Yavatmal Two Days National Seminar Dated on 20 & 21 August 2016	ISSN No. 2278-4349
<b>2016-2017</b>	20	“Effect of Six Weeks Plyometric Training on Lower Body Performance of Tribal Students” PageNo.89-92	4 <sup>th</sup> International Conference on “Future Prospective of Physical Education Sport Science & Yogic Sciences” at Post Graduated Department of Physical Education S. G. B. Amravati University, Amravati. Dated on 15 <sup>th</sup> & 16 <sup>th</sup> December-2017	ISSN No. 2350-1081
	21	“Postural Deformities and Exercise” PageNo.222-228	One Day National Workshop on “Importance of Streatching Exercises for Enhancement of Performance Levels in Sporets Persons” at Dr. Madhukarrao Wasnik P. W. S. Arts and Commerce College Nagpur. Dated on 24 <sup>th</sup> February -2018	ISSN No. 978-81-926293-4-6

## 22. Published Papers in Journals.

Year	Sr. No.	Title with page nos.	Journal	ISSN/ ISBN No.
2011-2012	1	“A Comparative Study of Leadership Abilities among Students of physical Education” P. No. 81,to 84	Wellness Journal of Health Physical Education & Sports Vol.No. 03/2011/issue No.2/July-Sept.2011	0975-136X
	2	Comparative Study of Self –Concept of Basketball and Volleyball players P. No. 194,to 197	International Journal of Physical Education Vol.No.04 issue-2 Oct.-2011	0976-7924
	3	Physical fitness , activity and health Status among primary School childrenP. No. 173,to 176	International Journal of Physical Education Vol.No.04 issue-2 Oct.-2011	0976-7924
	4	A Comparative Study of the Physical fitness of Central schools Handball Players	Research Link Journal Vol-X(12) issue-95 February.-2012	0973-1628
2012-2013	6	“Comparison of Creativity and Emotional Intelligence between Basketball and Volleyball Players”	International Journal of Physical Education Vol.No.04 issue-2 Oct.-2011	0976-7924
2012-2013	7	“A Comparative Study Of Physical Fitness Of Players And Non Players”	International Journal of Physical Education, sports and yogic sciences Vol.No.04 issue-2 Oct.-2011	2249-8575
2014-2015	9	“Effect of Some Selected Exercise on the Hitting Performance of College Softball Players”	International Journal of Physical Education-0974-2638	0974-2638
	10	“Comparative Study of Diurnal Variation in Selected Physical Fitness Components of Baseball Players”	International Journal of Physical Education, Sports & Health	
2015-2016	11	“Comparison of Self-concept between Rural and Urban School adolescent”	International Journal of Physical Education, Sports & Health	2394-1685
	12	A comparative study of strength among throwing events players	International Journal of Physical Education, Sports & Health	2394-1685
2016-2017	13	“Effect of selected exercises on batting, fielding, throwing and base running in softball players”	International Journal of Physical Education, Sports & Health	2394-1685
	14	“A Comparison of Selected Physiological Variables Between Male Athletes and Non Athletes”	International Journal of Physical Education, Sports & Health	2394-1685
2017-2018	15	"Relationship between self-concept and physical fitness of high school boys".	International Journal of Physiology, Nutrition and Physical Education ISSN: 2456-0057 IJPNE 2018; 3(1): 1599-1601-2018; 3(1): 1599-1601-2018, Vol. 3 Issue 1	2456-0057
	16	"Effect of extensive and intensive training load on speed, leg strength	International Journal of Physiology, Nutrition and Physical Education-	2456-0057



	and agility of kho-kho players"	ISSN: 2456-0057 IJPNPE 2018; 3(2): 17-21-2018; 3(2): 17-21-2018, Vol. 3 Issue 2	
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### 23. Research Projects:- Completed Projects / Consultancies

Sr. No.	Title	Agency	Period	Grant / Amount Mobilized (Rs. lakh)
1	"Effect Of Some Yogic Practices On The Health Related Fitness Of The Adult Female"	U.G.C.	2 Years	95000/-

Place: Amravati

Date

Signature

**(Dr. Vikrant Ramchandra Wankhade)**  
Director, Department of Physical Education & Sports,  
Bharatiya Mahavidyalaya, Amravati.